



K|V LAGREE LIABILITY WAIVER

I acknowledge and agree to the following terms and conditions as a participant in KV Lagree classes and activities.

Assumption of Risk

I understand and acknowledge that participating in Lagree fitness classes involves inherent risks, including but not limited to the risk of injury, illness, or death.

I voluntarily assume all risks associated with my participation in KV Lagree classes, including any physical or mental injury, harm, or loss that may occur.

Health and Fitness

I affirm that I am in good physical condition and have no medical conditions that would prevent my safe participation in Lagree fitness classes.

I understand the importance of consulting with a healthcare professional before starting any fitness program and have done so if necessary.

Release of Liability

I hereby release, waive, discharge, and covenant not to sue KV Lagree, its owners, instructors, employees, and affiliates from any and all liability for any injury, loss, damage, or death arising from my participation in Lagree fitness classes.

This release includes, but is not limited to, claims resulting from negligence, actions, or omissions of KV Lagree and its representatives.

Responsibility for Personal Property

I understand and acknowledge that KV Lagree is not responsible for the loss, theft, or damage to personal belongings while on the gym premises.

Compliance with Rules

I agree to comply with all rules, guidelines, and instructions provided by KV Lagree staff and instructors.

Failure to adhere to these rules may result in termination of my membership and participation in classes.

Agreement to Terms

I have read and understand this Liability Waiver, and I voluntarily sign it as my own free act and deed.

I understand that this waiver is a binding legal document and is intended to be as broad and inclusive as permitted by the laws of the jurisdiction in which KV Lagree operates.

Participant's Full Name: _____

Signature: _____

Date: _____

Emergency Contact: _____

Emergency Contact Phone: _____